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New subdivision established

A new subdivision has been established at Iles-la-Croix in the north of the city, to provide for new building sites in the community according to an act of the Legislature passed by Hon. A. G. Kinnear, minister of natural resources.

Established by the Surveyors General of the Department, the subdivision is north of the old settlement and is laid out in accordance with modern community planning principles so as to provide for orderly expansion of the settlement as it increases in population.

Located on Lac Iles-la-Croix, 120 miles north of Miramichi, Iles-la-Croix is one of Saskatchewan's oldest settlements. First established in 1700, it became an important centre for the Hudson Bay Company in 1860. It owes its name to the game of La Crosse introduced by the Indians employed by the Hudson Bay Company. An increasing number of sports fishermen have visited the area since the completion of a new road by the Department of Natural Resources.

In addition to the new road the township now has a large hospital, school, convent and RCMP office as well as stores and a hotel. Main occupations are commercial fishing, milk ranching and trapping. It is expected that an increasing number of tourists will visit the area in the summer.

Prayer and work

Do you believe that every prayer
Must be in secret, hidden place,
And planned with thoughtfulness
And care
To reach the golden shrine of
grace?

Or do you think that God can hear
The muted whisper of the heart?
I feel that He is always near
To listen to a prayer in part.

I cannot form a splendid phrase,
Oration great or mighty,
But simple words I simply raise
Without a thought of beauty
or rhyme.

The pressing problems that abound
Compel me speak with God all day,
And mixing prayer with work I've
found.

Is such a lovely way to pray,
—Alma Mason
—The War Cry

Why the headache?

A persistent headache usually has a basic cause. Continuing to take pain killers or headache pills will not remove the cause. It is wise to have medical attention for any headache which continues more than a day or so, so that the doctor may diagnose and treat the condition of which the headache is a symptom. An examination of the eyes should be included, so that treatment or glasses may be prescribed if the eyes are the cause of the headache.

HIGH HEELS

High heels are a factor in some accidents. The thin high heels worn by a car driver may slip off brakes or accelerator. It may also catch in cracks in the sidewalks or gratings in a floor, resulting in a bad fall. It is much more sensible to wear heels that give adequate support to the body's weight, and are wide enough to provide a foundation for their work, must stand or walk at their work.

EYE CARE

Because the health of the eye is closely related to the health of the rest of the body, the periodic medical checkup should include a thorough eye examination. General body infections and degenerations such as tuberculosis, diabetes, heart and kidney diseases, or high blood pressure often cause eye trouble.

TORONTO HAS YOUNGEST AND OLDEST GOALIES

Toronto Maple Leafs have both the youngest and oldest goalkeepers in the National Hockey League on their roster. The youngest goalie in the League is Ed Chadwick at 25, while the veteran Johnny Brower is the oldest at 32. Chadwick and Brower are roommates on the Toronto road trips.

Those things that come to the man who waits seldom turn out to be the things he's waiting for.

Men who are industrious, sincere, and honest will have easy climbing on their way to success.

Children are a great deal more apt to follow your lead than the way you point.



Work progresses on storm sewer

Satisfactory progress in spite of deep frost and current sub-zero temperatures is being made by the McLeod Construction Company of Saskatoon in the work of laying a new storm sewer system along Second Avenue. Indications are that the main job should be completed in advance of the contractor's deadline date.

The tender submitted by the McLeod Construction Company for the amount of \$23,137.50 was chosen by council over two others. Pipe for the sewer was purchased from Western Products at \$12,100.00 and

(The Press, White, Sask.)



A COMBINATION of coal dust and old tires, kindled by a smoking layer of oil and a layer of straw bales on Second Avenue to reduce the frost depth of the trench and permit easier digging for the installation of the storm sewer. Fires are kept burning most of the day, creating a smoky scene on the street.



THE LARGE BACKHOE of McLeod Construction is seen working with a large piece of frozen ground in digging the trench in which the sewer is laid. Layers of ground were as thick as 27 inches indicating the depth of frost in the ground.



HEGE MOUNDS of dirt lie on Second Avenue before the lengths of sewer pipe (24 inches in diameter) are laid in and connected. All traffic is blocked off from the dug-out portion of the avenue until the deep trench is filled and the remaining dirt is loaded on trucks and hauled away. —Photo by Frank Collins



LEISURE WEAR—New brushed fabrics for leisure wear are combining luxury with easy maintainability. This elegantly striped boussant in muted shades of green is a blend of "Terylene" and acetate which drapes softly yet never wrinkles.

from Alberta Clay Products at \$6,037.50.

McLeod work crews arrived the end of October to commence the job of digging a trench about 12 blocks in length (stretching from the intersection of 4th Street West and 4th Avenue down to Second Avenue North). Following the natural slope of the ground to the southward, the trench is being dug at about a constant depth of eight feet.

COMMUNICATION

Public families have a system of telegraphy in which they talk to each other by means of great wooden horns called "trombones".

The size of the storm sewer pipe (24 inches) with a width of 24 inches down to 15 inches. About 15 men are working on the project, five of them local residents.

Make home cleaning safe

The use of home methods in cleaning homes may be extremely dangerous if the cleaning agent is carbon tetrachloride and the place where the job is done is an unventilated room. If the job must be done at home, use the cleaning fluid outside on a veranda or in a room near a wide open window. There is very little warning when the fumes are taking effect and the victim may be found unconscious. A person who has recently taken beer or other alcoholic drink is especially susceptible to the fumes of carbon tetrachloride.

OWNERS FLAG

The letters F and Y on Columbus flags were the initials of Ferdinand and Isabella, sovereigns of Castile and Aragon.

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New Industry for New Brunswick



The southern area of New Brunswick is particularly suited to dairy farming and recently what may be a new departure for the industry began with the export of 25 purchased Holstein-Friesian heifers to South America. The

cattle were shipped to Venezuela where they will be used as breeding stock. Above, cattle graze on the rich banks of the St. John river near Fredericton.

National Film Board of Canada Photos by Chris Land.



E. P. Jarvis (left) secretary of the N.B. Holstein Assoc. and district agricultural representative J. A. Galloway (right) discuss future plans with dairy farmer Doug Neil under the watchful eye of Devon Rag Apple Mary, Grand Champion of the 1918 N.B. Provincial Show.



While Holstein calf gets her neck scrubbed by Joyce Wilkins, sister Sharon combs the apprehensive animal. Dairy produces add \$6 million annually to province's economy; dairymen anticipate export of purchased cattle will boost figure considerably.



GIGANTIC JIG-SAW—Assembling the pieces for a mosaic mural is something like putting a jig-saw together. Here, a helper of artist Joseph Zito, assembling part of the 27' x 27' mural which will decorate a wall in the main entrance lobby of the new addition to Toronto's Royal York Hotel. Working in Zito's Montreal studio,

his helper pastes pieces of the mosaic upside down on small numbered squares of paper in accordance with artist's sketch (center right). Later these squares will be transported to the Royal York and glued to wall with special new adhesive, so that when paper is soaked off, the finished mural will be displayed.

